

# Waitsfield Elementary School August /September Menu

Lunch \$2.85 child \$3.75 adult \$.40 Reduced child

Monday	Tuesday	Wednesday	Thursday	Friday
		25 Hamburger, Cheeseburger or veggie burgers Sweet Potato Fries Vegetable	26 Chicken Caesar Salad Wrap Rice Vegetable	27 Super Burritios Rice Corn
30 Macaroni* and Cheese Fresh vegetable	31 Make your own sandwich Bar* Chips or pretzels Potato salad Pickle	1 Tomato Macaroni soup with cheesy bruschetta Fresh vegetable	2 Zesty Italian chicken over pasta Fresh vegetable	3 Pepperoni or cheese pizza Vegetable
6 No school	7 Stuffed shells Vegetable Garlic bread	8 Maple Apple Chicken or Teriyaki vegetables Rice Vegetable	9 French bread Pizza with pepperoni, cheese or veggie	10 Sloppy Joes (beef or veggie) Seasoned roasted potatoes Vegetable
13 Spaghetti *with or without meatballs Broccoli Cole slaw	14 Chicken or Veggie Quesadilla Rice and veggie	15 Turkey club or veggie quesadilla Fresh Vegetable	16 Meatloaf or veggie burger Whipped potato Fresh roll Vegetable	17 Stromboli with ham and cheese or just cheese Vegetable
20 Pasta Bar *with a choice of sauces Vegetable	21 Assorted tortilla wrap sandwiches Pasta salad Broccoli soup	22 Tacos with all the fixings Rice Corn	23 BBQ chicken or vegetable lasagna Rice Vegetable	24 Pierogies with cheese Vegetable
27 No nut *Pesto pasta with choice of sauces.	28 Cheese *Sandwich and tomato soup Vegetable	29 Baked Potato Bar with lots of toppings to choose from Fresh Vegetable	30 Pepperoni or cheese pizza Vegetable	

Each day the lunch menu includes: salad bar, yogurt, cottage cheese and milk.

\* denotes Whole Wheat

Breakfast \$1.50 child \$1.75 adult \$.00 reduced child

Cheesestick	Bagel	Cereal	Egg and cheese	Yogurt
Fruit	Fruit	Fruit	burrito	Fruit
Milk	Milk	Milk	Juice	Milk